
North Carolina 1 Theatre / Dance

FREE PREVIEW

Full-Year Teacher Planner, Blank Editable Planner & School-Submission Binder

This preview shows the real structure and a genuine sample of the completed planner. The full product contains 9 units, 36 weekly plans and 180 daily plans, plus blank editable versions of every form.

State	North Carolina
Grade	1 (Elementary)
Subject	Theatre / Dance
Course category	Fine Arts
Standards family	Fine Arts
Framework	North Carolina Standard Course of Study, Arts Education
Issuing agency	North Carolina Department of Public Instruction
Scope	36 instructional weeks · 180 instructional days · 9 units

This is a statewide standards index, not a local course catalog. Course names, grade placement, electives, and graduation sequences vary by district.

What you get

Folder	Contents
01 START HERE	Read-me, contents, printing and digital instructions, standards verification guide, this preview
02 FILLED FULL YEAR	Completed planner in colour and ink-friendly PDF, plus editable DOCX
03 BLANK EDITABLE	Blank planner in colour, ink-friendly and fillable PDF, plus editable DOCX
04 ASSESSMENTS AND DATA	Baseline observation, quarterly rubrics, anecdotal forms, portfolio checklist
05 SCHOOL SUBMISSION	Submission covers, alignment summary, evidence checklist, observation, reflection, signature page
06 LICENSE AND CREDITS	Terms of use, credits and licences, copyright notice

The pages that follow are reproduced **exactly** as they appear in the full completed planner.

Week 9 — Moving From a Stimulus

Unit 3: Moving From a Stimulus · Month 3 · Quarter 1 · Semester 1 · Instructional Days 41–45

Essential question	What made me move that way?
Standards	Moving From a Stimulus and Naming It -> 1.CN.1.1, 1.CN.1.2, 1.CN.1.3, 1.CN.2.1 — 4 standards; full text in the standards table
Learning target	"I can move from a stimulus and say what it was."
Local dates	_____ (enter your school dates)

Measurable objectives

- Students will demonstrate movements inspired by different stimuli and identify their sources.
- Students will name the stimulus that prompted their movement.

Success criteria (student-friendly)

- "I respond to the stimulus."
- "I name the source."
- "I explain the link."

Academic vocabulary

stimulus, source, inspire, prompt, respond

Materials and technology

- Sound sources
- Images
- Objects
- Texts
- Chart paper

Differentiation and supports

Support area	This week's plan
Special education / IEP	Reduce group size; pair visual cue cards with all verbal directions; allow gesture or picture response in place of speech; pre-teach the week's target in a 1:1 warm-up.
Section 504	Provide the child's documented accommodations throughout; permit movement breaks and alternative seating at any point in the sequence.
Multilingual learners	Introduce each vocabulary word with an object or image; accept home-language responses; send the vocabulary list home where a translation is available; pair with a peer who shares the home language.
Advanced / extension	Ask the learner to teach the skill to a peer, extend the task, or record a demonstration for the class reference wall.

Support area	This week's plan
Intervention / reteach	Reteach the target in a short small group using the same materials; split the day's check for understanding into two smaller steps.
Enrichment	Extend into an open-ended centre or project connected to the essential question.

Assessment and evidence

Anecdotal: child names the source of their movement response.

Family communication

Move to a sound and say what you were responding to.

Day 41 — Moving to a Sound

Week 9, Day 1 · Unit 3 · Standards: 1.CN.1.1, 1.CN.1.2, 1.CN.1.3, 1.CN.2.1

Focus	Sound stimulus.
Learning target	"I can move from a stimulus and say what it was."
Vocabulary in use	stimulus, source, inspire
Local date	_____

Learning sequence

Warm-up: listening. Teach: sound prompts movement. Explore: responding. Share: responses shown. Reflect: source named.

Check for understanding

Student moves in response to a sound and names it.

Differentiation in the moment

If the learner...	Then...
needs more support	Model the step again with guided support, then fade to a gesture cue.
is ready for more	Invite the learner to demonstrate for a peer or add a second example.
is dysregulated	Pause instruction, move to co-regulation, and return to the target later.

Closure and reflection

Gather the group. Restate the learning target. Ask one learner to demonstrate. Name one specific thing the group did well, then preview tomorrow.

Teacher reflection (fictional example)

Fictional Example — Customize and Verify Before School Submission.

Most learners met the target. Two needed the visual cue repeated during guided practice; I will pre-teach with them tomorrow. The extension held attention longer than planned, so I shortened closure.

Day 42 — Moving to a Picture

Week 9, Day 2 · Unit 3 · Standards: 1.CN.1.1, 1.CN.1.2, 1.CN.1.3, 1.CN.2.1

Focus	Visual stimulus.
Learning target	"I can move from a stimulus and say what it was."
Vocabulary in use	stimulus, source, inspire
Local date	_____

Learning sequence

Warm-up: sound response. Teach: images prompt movement. Explore: responding. Share: responses shown. Reflect: source named.

Check for understanding

Student moves in response to an image and names it.

Differentiation in the moment

If the learner...	Then...
needs more support	Model the step again with guided support, then fade to a gesture cue.
is ready for more	Invite the learner to demonstrate for a peer or add a second example.
is dysregulated	Pause instruction, move to co-regulation, and return to the target later.

Closure and reflection

Gather the group. Restate the learning target. Ask one learner to demonstrate. Name one specific thing the group did well, then preview tomorrow.

Teacher reflection (fictional example)

Fictional Example — Customize and Verify Before School Submission.

Most learners met the target. Two needed the visual cue repeated during guided practice; I will pre-teach with them tomorrow. The extension held attention longer than planned, so I shortened closure.

Day 43 — Moving to an Object

Week 9, Day 3 · Unit 3 · Standards: 1.CN.1.1, 1.CN.1.2, 1.CN.1.3, 1.CN.2.1

Focus	Object stimulus.
Learning target	"I can move from a stimulus and say what it was."
Vocabulary in use	stimulus, source, inspire
Local date	_____

Learning sequence

Warm-up: image response. Teach: objects suggest movement. Explore: responding. Share: responses shown. Reflect: source named.

Check for understanding

Student moves in response to an object and names it.

Differentiation in the moment

If the learner...	Then...
needs more support	Model the step again with guided support, then fade to a gesture cue.
is ready for more	Invite the learner to demonstrate for a peer or add a second example.
is dysregulated	Pause instruction, move to co-regulation, and return to the target later.

Closure and reflection

Gather the group. Restate the learning target. Ask one learner to demonstrate. Name one specific thing the group did well, then preview tomorrow.

Teacher reflection (fictional example)

Fictional Example — Customize and Verify Before School Submission.

Most learners met the target. Two needed the visual cue repeated during guided practice; I will pre-teach with them tomorrow. The extension held attention longer than planned, so I shortened closure.

Day 44 — Moving to Words

Week 9, Day 4 · Unit 3 · Standards: 1.CN.1.1, 1.CN.1.2, 1.CN.1.3, 1.CN.2.1

Focus	Text stimulus.
Learning target	"I can move from a stimulus and say what it was."
Vocabulary in use	stimulus, source, inspire
Local date	_____

Learning sequence

Warm-up: object response. Teach: words prompt movement. Explore: responding. Share: responses shown. Reflect: source named.

Check for understanding

Student moves in response to a text and names it.

Differentiation in the moment

If the learner...	Then...
needs more support	Model the step again with guided support, then fade to a gesture cue.
is ready for more	Invite the learner to demonstrate for a peer or add a second example.
is dysregulated	Pause instruction, move to co-regulation, and return to the target later.

Closure and reflection

Gather the group. Restate the learning target. Ask one learner to demonstrate. Name one specific thing the group did well, then preview tomorrow.

Teacher reflection (fictional example)

Fictional Example — Customize and Verify Before School Submission.

Most learners met the target. Two needed the visual cue repeated during guided practice; I will pre-teach with them tomorrow. The extension held attention longer than planned, so I shortened closure.

Day 45 — Guessing Each Other's Source

Week 9, Day 5 · Unit 3 · Standards: 1.CN.1.1, 1.CN.1.2, 1.CN.1.3, 1.CN.2.1

Focus	Communicating the stimulus.
Learning target	"I can move from a stimulus and say what it was."
Vocabulary in use	stimulus, source, inspire
Local date	_____

Learning sequence

Warm-up: mixed stimuli. Teach: movement can reveal its source. Explore: guessing. Share: accuracy noted. Reflect: clarity valued.

Check for understanding

Student identifies a peer's stimulus from their movement.

Differentiation in the moment

If the learner...	Then...
needs more support	Model the step again with guided support, then fade to a gesture cue.
is ready for more	Invite the learner to demonstrate for a peer or add a second example.
is dysregulated	Pause instruction, move to co-regulation, and return to the target later.

Closure and reflection

Gather the group. Restate the learning target. Ask one learner to demonstrate. Name one specific thing the group did well, then preview tomorrow.

Teacher reflection (fictional example)

Fictional Example — Customize and Verify Before School Submission.

Most learners met the target. Two needed the visual cue repeated during guided practice; I will pre-teach with them tomorrow. The extension held attention longer than planned, so I shortened closure.

Important before you buy

- This is a **digital download**. Nothing is shipped.
- The planner is **calendar-neutral**: Month 1–9, Week 1–36, Day 1–180, so it fits any school calendar. You add your own dates.
- Standards were transcribed from the official source.
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Source citation

North Carolina Department of Public Instruction. North Carolina Standard Course of Study, Arts Education. Dance, Music, Theatre Arts and Visual Arts each number their standards from the same four strands (CR/PR/RE/CN), so a code such as 1.CN.1.1 exists in all four disciplines with a different statement. Every code here is qualified by its discipline. Retrieved 2026-07-27 from <https://www.dpi.nc.gov/districts-schools/classroom-resources/office-teaching-and-learning/standard-course-study/arts-education>